

## STATE OF ARIZONA DEPARTMENT OF EMERGENCY AND MILITARY AFFAIRS

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## Governor Proclaims September Arizona Preparedness Month Arizonans encourage to follow simple steps and tips to get ready.

**PHOENIX**— Governor Katie Hobbs proclaimed September "<u>Arizona Preparedness Month</u>" aligning with <u>National Preparedness Month</u> to encourage people, businesses, and communities to prepare for potential emergencies. With record heat this summer, floods, and wildfires around the state, emergency preparedness is critical for all Arizonans.

To promote emergency preparedness, the <u>Arizona Department of Emergency and Military Affairs</u> (DEMA) has created the "Are You Prepared? Steps and Tips to Get Ready" campaign. Arizonans are encouraged to participate in family emergency preparedness education and activities throughout September. The campaign emphasizes simple steps to prepare yourself and your family for disasters by following practical tips and guidelines.

"Emergency preparedness starts at home with a plan that works for your family," said <u>Maj. Gen. Kerry</u> <u>Muehlenbeck</u>, the Adjutant General of the Arizona National Guard and DEMA Director. "Every family has unique needs. Taking simple actions today gives you the confidence when faced with uncertainty in an emergency."

Daily preparedness tips will be shared on Arizona Emergency Information Network's (AZEIN) <u>Facebook</u> and <u>X (formerly Twitter)</u> accounts. Highlights of "Are You Prepared? Steps and Tips to Get Ready" include:

- **Build an Emergency Kit:** Make sure to have enough supplies for your family members and pets to last 14 days or more. Items in the kit should include water, non-perishable food, first aid supplies, medications, and important documents.
- **Create a Communication Plan:** Designate an out-of-town contact person whom family members can notify when they are safe. Ensure everyone knows the emergency contact's phone number.
- **Stay Informed:** Sign up for local emergency alerts and warnings to stay informed about potential threats in your area.
- **Get Involved:** Join community preparedness programs or volunteer with local organizations that support disaster response and recovery.

For more information about the "Are You Prepared? Steps and Tips to Get Ready" program, visit <u>ein.az.gov/september-preparedness-month</u>.

Katie Hobbs GOVERNOR

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