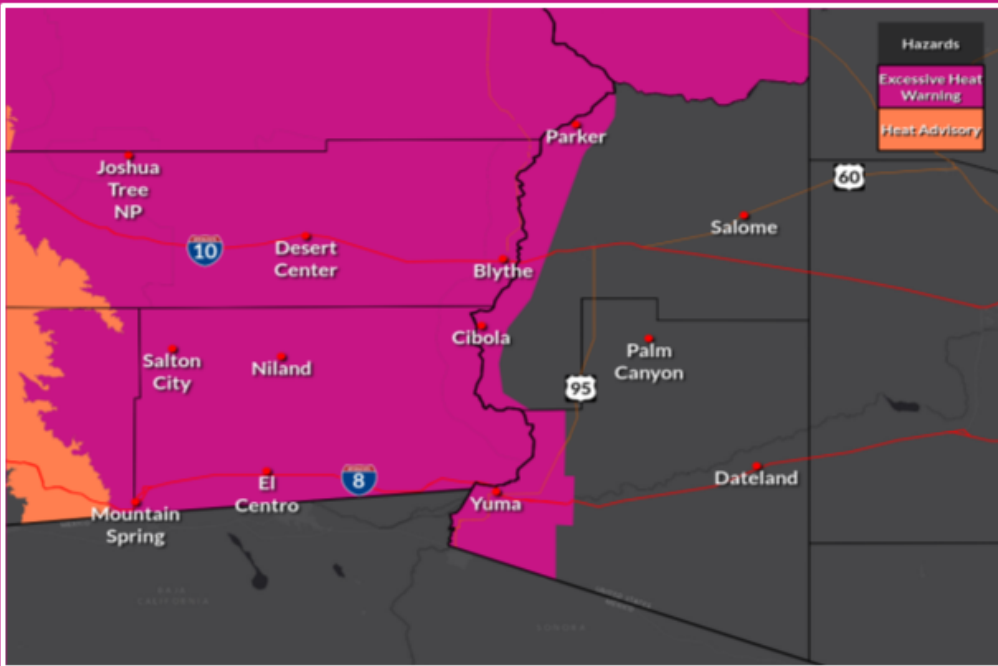


# Excessive Heat Warning



Areas affected: Lower Colorado River Valley and southeast CA

## 🕒 Timing

- Through 8 PM PDT/MST this evening

## 🌡️ Temperatures

- Highs 108° to 113°
  - Max Heat Indices 114° to 118°

## ⚠️ Precautions

- ✓ **Impact:** High risk of heat stress or illnesses for anyone without effective cooling and/or adequate hydration.
- ✓ Stay hydrated
- ✓ Avoid exposure to the sun from 10 am to 6 pm



National Weather Service · Phoenix, AZ

[weather.gov/phoenix](https://weather.gov/phoenix)

Updated: Tuesday, August 6, 2024

Don't underestimate the heat! It is the deadliest weather phenomenon in the USA