

LITTLE CHEF NUTRITION 3 TO 5 YEARS



***VIRTUAL
CLASS ON
WEBEX**

***TUESDAY,
JULY 23RD, AT
2P.M.**

***ONE HOUR
CLASS ON
NUTRITIONAL
NEEDS FOR
YOUR
GROWING
TODDLER**

Participants will receive educational tools including:

- Cook book
- Nutrition reading books for your children
- Learning Resources Myplate game & Farmer's Market Sorting Set

Must be a member of a federally recognized tribe,

-must have tribal ID or CDIB

-must have a child near or within age range of class

OFFICE:

157 BLUE BIRD RD.

BUILDING #2

SACATON, AZ 85147

To enroll for class, either email or call the following:

Phone: 520-562-1237

Email: tyra.phillips@gric.nsn.us