



TRIBAL RECREATION & WELLNESS
PRESENTS

A Night at the **BAR!**

Registration Opens:
Jan. 20, 2025

Registration Closes:
Feb. 10, 2025 or until filled.

Bring your other half or friend and get in a
Valentine's Day Deadlift Session!

DATE: February 13, 2025

LOCATION: TRW Gym

TIME: 5:30PM to 7:00pm

- Limited to 20 lifters
- Must be a member of a federally recognized tribe.
- Must have experience in performing the deadlift.
- Must be 16+ years to participate.



Call (520) 562-2026 for more information.