

Free Summer Trainings

Get out the sun and have some fun...in training!

The GRHC BHS Prevention Program is offering free summer trainings in air conditioned rooms!

Call to sign up today!

MENTAL HEALTH AWARENESS:

- ▶ **ADULT MHFA** | Wednesday July 11, 2018 District 3 Dialysis Center (8:30 AM - 5:00 PM)
- ▶ **YOUTH MHFA** | Thursday August 23, 2018 at District 6 Dialysis Center (8:30 AM - 5:00 PM)

Contact Alicia Ramirez to sign up for MHFA or YMHFA: Cell: (520) 610-1920 | Email: aliciar@grhc.org

SUICIDE PREVENTION & EDUCATION:

- ▶ **QPR** | Tuesday July 3, 2018 at District 2 Service Center (12:00 PM - 1:30 PM)
- ▶ **QPR** | Tuesday August 7, 2018 at District 5 Service Center (12:00 PM - 1:30 PM)
- ▶ **safeTALK** | Thursday July 5, 2018 at District 2 Service Center (12:30 PM - 4:00 PM)
- ▶ **safeTALK** | Tuesday August 14, 2018 at District 4 Service Center (9:00 AM - 12:30 PM)

Contact Bryan Bennet to sign up for QPR or safeTALK: Cell: (480) 868-7723 | Email: bbennett@grhc.org

- ▶ **ASIST** | Tuesday & Wednesday June 19 - 20, 2018 at District 2 Service Center (8:30 AM - 4:30 PM)

Contact Anna Pacheco to sign up for ASIST: Cell: (520) 610-4919 | apacheco@grhc.org



Gila River
HEALTH CARE



YES TO LIFE!
Suicide Prevention & Awareness

For more information please feel free to contact the BHS Prevention Program at (520) 562-3321 x7157 or email at bhsprevention@grhc.org

Emergencies, always dial 911 | GRIC Crisis Line 1-800-259-3449