

District 6 Elders Calendar



Happy Mother's Day– Sunday, May 13th

May 2018



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2 5PM pick up/ HHC Traditional Foods Workshop: Breaking Bread	3 ENP Breakfast Morning Shopping After Breakfast	4
7 9:30a-10:30a Stretch, Flex & Tone Wellness Center DRUM BEAT– 16th St. Phoenix after lunch	8 9:30a-10:30a Water Aerobics– Denise Wellness Center NOON D6 Elders Mtg in Craft Room Presentation by GRIC Broadcasting Yvonne Garcia	9 District SIX Elders Concerns Mtg. Komatke B & G Club 9AM// 8:00AM Pick up 5PM pick up/ HHC Traditional Foods Workshop: Hot Pot Soups & Stews	10 Morning HARKINS Movies 	11 Celebrating 50 years Peach Growing Schneppffarms Peach picking. Depart from D6 by 7AM
14 9:30a-10:30a Stretch, Flex & Tone HOBBY LOBBY- W. McDowell, Avondale After Lunch	15 9:30a-10:30a Water Aerobics– Denise Wellness Center Shopping After Lunch	16 5PM pick up/HHC Traditional Foods Workshop: Getting All Dressed Up	17 PHN 9A-10A Nurse Practitioner 10:30A-12P NOON Birthday Cultural BINGO w Joyce Hughes 	18
21 9:30a-10:30a Stretch, Flex & Tone Wellness Center	22 9:30a-10:30a Water Aerobics– Denise Wellness Center HARKINS After Lunch 	23 Cesar Chavez Library After Lunch 5PM pick up/HHC Traditional Foods Workshop: Dessert in the Desert	24 10A-11A Craft Room GRHC Bryan Bennett Topic: Mental Health Awareness	25 Caring House Visit After Lunch
28 MEMORIAL DAY GRIC District 6 Office Closed	29 9:30a-10:30a Water Aerobics– Denise Wellness Center	30 5PM pick up/HHC Traditional Foods Workshop: Wild Desert Wolfberry Harvest	31	

EVENTS
Tohono O'odham Elder's Day Outing
SATURDAY, May 12, 2018
District Six Elders will be departing by 6:30A (Filled)

- **HARKINS Movies**
Individuals 55+ must sign up for a one time movie ticket each month.
*Van transportation or On Your Own.

***Congregate Meals are served at 11am daily.**
-Homebound Meal Delivery M-F
10:30am Lunch Delivery AND
ENP Breakfast 7:30AM Breakfast

- Please call D6 Kitchen for cancellation: (520) 550-3805 x 2944 Rose. If **no** one is home to receive meal **'Give Us Your Feedback'**
- **'How Do You Like Your Meal'**– Call the kitchen let us know.

MAIL RUN– Tuesday & Thursday at 2pm

Elder Coordinator– Jacqueline Allison
Phone (520) 550-2243 or 3805 ext. 2945
Elder Liaison Caseworker– CSD Sacaton
Phone (520) 562-5332

***Calendar activities subject to change.**
***Don't forget to sign up for your next ENP Congregate Breakfast.**