

District 6 Elders Calendar



Happy Mother's Day– Sunday, May 13th

May 2018



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|
| | 1 | 2 5PM pick up/ HHC Traditional Foods Workshop: Breaking Bread | 3 ENP Breakfast Morning Shopping After Breakfast | 4 |
| 7 9:30a-10:30a Stretch, Flex & Tone Wellness Center DRUM BEAT– 16th St. Phoenix after lunch | 8 9:30a-10:30a Water Aerobics– Denise Wellness Center NOON D6 Elders Mtg in Craft Room Presentation by GRIC Broadcasting Yvonne Garcia | 9 District SIX Elders Concerns Mtg. Komatke B & G Club 9AM// 8:00AM Pick up 5PM pick up/ HHC Traditional Foods Workshop: Hot Pot Soups & Stews | 10 Morning HARKINS Movies  | 11 Celebrating 50 years Peach Growing Schneppffarms Peach picking. Depart from D6 by 7AM |
| 14 9:30a-10:30a Stretch, Flex & Tone HOBBY LOBBY- W. McDowell, Avondale After Lunch | 15 9:30a-10:30a Water Aerobics– Denise Wellness Center Shopping After Lunch | 16 5PM pick up/HHC Traditional Foods Workshop: Getting All Dressed Up | 17 PHN 9A-10A Nurse Practitioner 10:30A-12P NOON Birthday Cultural BINGO w Joyce Hughes  | 18 |
| 21 9:30a-10:30a Stretch, Flex & Tone Wellness Center | 22 9:30a-10:30a Water Aerobics– Denise Wellness Center HARKINS After Lunch  | 23 Cesar Chavez Library After Lunch 5PM pick up/HHC Traditional Foods Workshop: Dessert in the Desert | 24 10A-11A Craft Room GRHC Bryan Bennett Topic: Mental Health Awareness | 25 Caring House Visit After Lunch |
| 28 MEMORIAL DAY GRIC District 6 Office Closed | 29 9:30a-10:30a Water Aerobics– Denise Wellness Center | 30 5PM pick up/HHC Traditional Foods Workshop: Wild Desert Wolfberry Harvest | 31 | |

EVENTS
Tohono O'odham Elder's Day Outing
 SATURDAY, May 12, 2018
 District Six Elders will be departing by 6:30A (Filled)

- **HARKINS Movies**
 Individuals 55+ must sign up for a one time movie ticket each month.
 *Van transportation or On Your Own.

***Congregate Meals are served at 11am daily.**
-Homebound Meal Delivery M-F
 10:30am Lunch Delivery AND
 ENP Breakfast 7:30AM Breakfast

- Please call D6 Kitchen for cancellation: (520) 550-3805 x 2944 Rose. If **no** one is home to receive meal **'Give Us Your Feedback'**
- **'How Do You Like Your Meal'**– Call the kitchen let us know.

MAIL RUN– Tuesday & Thursday at 2pm

Elder Coordinator– Jacqueline Allison
Phone (520) 550-2243 or 3805 ext. 2945
Elder Liaison Caseworker– CSD Sacaton
Phone (520) 562-5332

***Calendar activities subject to change.**
***Don't forget to sign up for your next ENP Congregate Breakfast.**