

Parents will learn about healthy eating, learn to cook a healthy meal and receive a FREE bag of groceries at the end of each class.

Attend ALL 3 classes & receive a FREE Blender OR Rice Cooker at the 3rd Class!

Date:

Date:

Date:

July 18th, 2018 July 25th, 2018 August 1st, 2018

Location: Location:

Location:

D3 Tribal Health D3 Tribal Health D3 Tribal Health

Dept. Dept. Dept.





RICE COOKER\*LIMITED SEATING AVAILABLE PLEASE RSVP\* For more information please contact Nicole at Genesis (520) 562-1237