

Come join Us!!



Frances James aka Frans-Wa

BRING THE HEAT, EEEL THE BURN!





Location-Gymnasium

Monday & Wednesday's

At 6:00 p.m. - 7:00 p.m.

June Classes are going to be

Zumba Flash Fitness Classes.

New steps with new songs. It will be easy to follow.

Zumba fitness music for toning, coordination,

balance and health. We will have also have chairs available to those that will need to sit at times.

All classes are subjected to changes by

Instructor or Service Center.







Contact information: Frances (480)233-8530 D2 Recreation Dept. (520)562-3450 ext. 2535













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